# Cowgirl Horsemanship Camp

This camp is for girls ages 13 through 16 who wish to continue growing in their riding skills. This is an overnight camp. Drop off is Wednesday morning at 9 am and pick up is Friday evening at the conclusion of the presentation. We will be sleeping at STR's Wilderness House which is off of Blattner Road. Activities will include Bible lessons, horse care and riding, swimming, and a fun-filled time. There will be a presentation for family and friends on Wednesday evening at 6 pm.
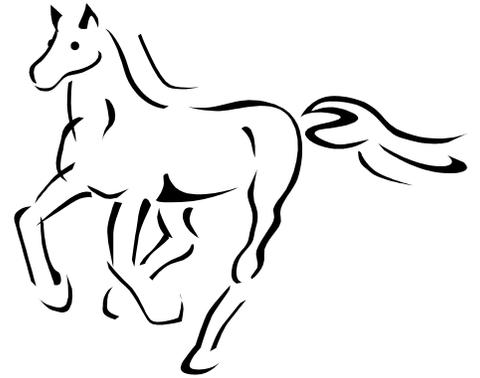
Prerequisite: To be considered for this camp, campers need to have attended at least two of our other camps or have sufficient riding skills acquired through either our camps or GATES program. If skills have been acquired somewhere other than STR, contact Lori Brooks (lbrooks@stranch.org) to see if your camper has the skills needed for this camp.

What to bring:
- Bible
- Sack lunch for Wednesday (all other meals will be provided)
- Refillable water bottle
- Sleeping bag or twin sized bedding
- Pillow
- Towel(s) for after showering and swimming in the lake
- Toiletries (toothpaste, toothbrush, deodorant, shampoo, soap, etc.)
- Pants/shorts, shirts, socks, underclothes, pajamas, etc.
- Long pants are required for all horse activities
- Boots with heel preferred for riding horses (some boots are available for borrowing)
- Other possible shoes: tennis shoes and flip flops (for lake and shower house)
- Bathing suit: a modest one-piece is preferred (or a t-shirt can be worn over suit)
- Miscellaneous items: sunscreen, bug spray, goggles, dirty clothes bag, jacket, or any other personal item you think you will need
- Please Do NOT Bring: radios, iPads, mp3 players, electronics, etc.
- Our preference is that no camper has a phone. All instructors will have a phone for emergencies that a parent may call or a camper may use. If a phone is brought, it will be kept by the instructors and the camper must ask permission to use it.

Keep in mind that camp can be hot and sweaty but it is also a ton of fun!