

600 Sunshine Lane, Wright City, MO 63390 • 636-333-0212 • www.StrongTowerRanch.org

Dear Parents,

Hello! We're so excited and thankful you've chosen Strong Tower Ranch to be part of your family's summer! Below is some key information for the week:

**DROP OFF** - Please have your child exit on the passenger side of the vehicle.

#### TIME:

MONDAY - 8:30 am TUESDAY - FRIDAY - 8:45 am \* Camp begins at 9:00 am

#### LOCATION:

**ALL** Campers: Lakeside (follow signs on Blattner Road)

**PICK UP** - Pick up cards will be handed out Monday morning during drop off. The physical card or a photo of the physical card <u>must be presented</u> for any camper to be released into the care of a parent, guardian or authorized pick up person.

**TIME:** 4:00 pm

### LOCATION:

### **MONDAY - THURSDAY**

- Explorers & Pathfinders (7-10 year olds) = Lakeside at drop-off location
- Navigators (11 & 12 year olds) = follow signs to Pole Barn

FRIDAY- ALL Campers: Lakeside at 4pm

WHAT WE PROVIDE (in addition to all activities):

- Backpack & water bottle Campers will receive Monday after camp begins. They will be left at camp until they go home on Friday.
- Camper t- shirt given to parents during Monday drop-off
- Snacks, lunch & drinks
- We do not normally cancel camp if it rains. We will have alternate activities for the campers.

# **CLOTHES, SHOES & OTHER INFORMATION**

**NOTE: Label ALL belongings** - at the end of camp all unclaimed items are donated

# **WHAT TO WEAR:**

- Secure shoes for running & playing NO flip flops
- Swimsuit GIRLS Preferred one piece swimsuit with clothes over. If a 2 piece is worn please leave a t-shirt on during swim time.
- Swimsuit BOYS swim trunks and a t-shirt

#### **NOTES FOR SWIMMING:**

- Bright colored swimwear allows for more visibility in lake water.
- Campers don't have to wear swimsuits to camp, but they love being ready to get in the water ASAP so it is preferred.
- All 7-8 year olds (Explorer Group) will be required to wear a life jacket during swim time.
- All 9-12 year olds (Pathfinder and Navigator Groups) will be required to take a swim test on the first day of camp. The lifeguard will issue wristbands indicating if the swimmer can be in the deep swimming section with or without a life jacket.
- All campers must wear a life jacket when out in the open water while using any of the boating equipment.

# WHAT TO BRING (in a backpack or tote):

- Towel, sunscreen, bug spray
- Change of clothes in a ziploc bag
- Current Medications Prescription or over the counter

**NOTE:** All medications MUST be given to the camp first aid person in its original container with written dispensing instructions. Inhalers or epi-pens will be given to the Leader of your child's group by the first aid person. The Leader will keep them in their First-Aid Fanny Pack which is with them at all times.

# WHAT NOT TO BRING:

- Electronic devices of any kind
- Cell phones. If your child needs to make an emergency phone call, he/she will have access to a phone.
- Games, toys or food (with the exception of food for special dietary needs as described below)
- Knives, firearms, explosives, illegal drugs, alcoholic beverages or anything that may be construed as a weapon (parent will be notified)
- Money or any valuables that could be lost or stolen.

Strong Tower Ranch is not responsible for lost or stolen camper items.

#### FOOD ALLERGIES and/or SPECIAL DIETARY NEEDS

- Feel free to supply your own lunches and/or snacks. However, we do need to know what foods you will be providing.
- Please let Kim Derrington know if you have concerns in this area. Phone or text 314-560-7988 or email <a href="mailto:daycamp@stranch.org">daycamp@stranch.org</a>.

# PHOTO DAY - TUESDAY

• Please have your child(ren) wear their orange camper t-shirt

# CONTACT INFORMATION

- If you have any specific instructions or needs for your child **before camp** begins, please contact Kim Derrington at 314-560-7988, or daycamp@stranch.org.
- If you have any needs **during the camp week**, please contact Teri Penney, Camp Manager, via text or phone 479-659-1415 or Lori Brooks, Program Director, via text or phone 636-248-3762. This information is also on the back of the parent pick up card.